



www.holywellswimmingclub.co.uk

Summer Sprint MEET 2019

Saturday 29th June 2019

Under FINA Technical Rules and Swim Wales Laws
Meet Licence – 3WL191482

TO BE HELD AT HOLYWELL LEISURE CENTRE
GWENFFRWD ROAD
HOLYWELL
FLINTSHIRE
CH8 7UZ

**2019/2020/2021 Events at Holywell according to Swim Wales 2019-
2022 Planning Calendar – may be subject to change**

Geoff Drew Meet: **2019** – Sunday 27th October,
Please note – change of date

2020 - 24/25th October; **2021**- 23/24th October.

Valentine Meet: **2020** -11/12th January. 2021 – 9/10th January

Sprint Meet: **2020** – 27th June. **2021** – 26th June

MEET CONDITIONS

General

1. This is a Level 3 Meet
2. The meet shall be swum under FINA Technical Rules and Swim Wales Laws and any additional conditions are set out in this document "Meet Information".
3. All decisions made by the Meet Director shall be final and binding

Events/Entries

1. Age as of 29th June 2019
2. The Entry Fee is £5.00/Event.
3. All fees should be paid directly into the HASC Bank Account. PLEASE NOTE CHANGE OF BANK DETAILS.
BACS: Sort Code: 40-24-27. A/C no: 61367242. Please use Club Name/Sprint in reference
4. Closing Date for Clubs to submit entries to HASC is 1st June, 2019. Individual clubs will have their own earlier closing date to allow compliance with the final Meet closing data
5. Electronic Entries only in Hy Tek Team Manager. Entry set up file and help sheet available from events@holywellswimmingclub.co.uk or can be downloaded from www.holywellswimmingclub.co.uk .
6. All communication will be done electronically.

Heats

1. All races are HDW – Age groups will be combined for all races but if numbers permit races will be run in Age groups
2. Competitors shall be seeded in time order, slowest to fastest.
3. All heats shall be swum slowest to fastest.
4. The last three heats shall be spearheaded

Trophies and Medals

1. Medals shall be awarded to the six places in Age Groups 9, 10, 11, 12, 13, 14, 15 & Over
2. Winners (Top Girl/Top Boy) in each age group shall also receive a medal/award
3. There will be no formal presentations. Medals may be collected from the Medal Table by the Swimmer

Withdrawals

1. All withdrawals must be notified BEFORE the start of all warm ups. Notification must be made at the Helpdesk using the relevant withdrawal form and only by the swimmer or a coach /chaperone
2. Fees may be refunded for unavoidable withdrawals up to a week before the Meet (29th June 2019). After that date fees will only be refunded on production of a medical certificate.
3. Should you be unavoidably detained due to circumstances beyond your control and are unable to register a withdrawal – please phone 07802813302 and leave a message.

Pre-Meet Warm Up

1. Warm-up schedule and procedures will be issued on the day and should be adhered to
2. Coaches should be actively supervising the warm up to ensure that proper procedures are followed.

Disqualifications

1. Upon disqualification, the scoreboard will be shown as the disqualified lane not having a place. The other lane place positions are adjusted.
2. Reasons for disqualification can be obtained from the Help Desk by the coach **only** and not the swimmer or their parents

Medical Conditions

1. It is the responsibility of the swimmer and / or parent to declare to the referee any disability or medical condition that could present a safety risk. If such a disability or medical condition exists swimmers must produce a medical note confirming that their participation presents no health or safety problems.

Poolside Management

1. Access to the poolside is restricted to competitors, officials and holders of coaches passes.
2. Please ensure that the minimum of bags are taken onto the poolside.
3. Please ensure that competitors have some form of footwear and clothing on poolside.
4. Please use the lockers in the changing area. Please get key from the Reception (£1). Refund is by the Reception. Please do not leave bags in the changing cubicles.
5. Please do not sit on top of the lockers along the poolside.
6. Swimmers must not access the spectator areas nor go outside of the immediate pool area without wearing a top and shorts/tracksuit bottoms and suitable footwear.
7. Swimmers and spectators MUST NOT use the splash pool stairs to gain access to the balcony
8. Swimmers are not allowed to use either of the small pools

Safety

1. All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind.
2. Swimmers must have attained the standard of the ASA Competitive Start Award in order to start from the blocks (this is the responsibility of the club coach).
3. Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.
4. The spectator balcony is restricted to a maximum of 180 people.
5. Spectators are not allowed in the locker/changing area whilst the Meet is in progress.
6. It would help us seat disabled spectators if we were informed prior to the event of numbers requiring seating

Jewellery

1. For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).

Unacceptable Behaviour

1. Behaviour becomes "unacceptable" when it is considered "offensive" to others; this includes, but is not limited to, the following:
2. Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

Doping Control

1. Random drug testing may take place during this competition. If any competitor is under 16 years of age on the first day of this competition either the parent, guardian or person with parental responsibility as defined by the Children Act 1989 must complete the relevant consent declaration which will be provided if necessary.

Help Desk

1. The Help Desk will be at the Deep End outside of the Pool Area. Please address all requests for information to the Help Desk Stewards.

TV, Video, Photography

1. It is required that any person(s) wishing to engage in any video, zoom or close range photography must register their details with the Door Stewards at the entrance control BEFORE carrying out any such photography – this includes all cameras, video cameras, mobile phone cameras, and PDA's that are camera enabled. Proof of identity shall be required to register e.g. driving license. ID tags will be issued to all

duly registered individuals; these will be available from the door stewards at the time of registration

Swim Shop

1. Swim Zi will in the lobby - to be confirmed

Spectators

1. Entry to the balcony for spectators will be £5.00 per day. Programmes are £1.00
2. Children will be free
3. Due to Fire Restrictions, the balcony is limited to 180 spectators and has to be cleared at the end of each session
4. The car parks around the pool are £1.50/day Saturday.
5. **Accommodation and eating** out venues can be found on the Holywell Web site www.holywell-town.co.uk

PERSONALISED MEDAL ENGRAVING

We are pleased to announce that bespoke Medal Engraving will be available at the Meet. They either engrave on the medal or add a customised plate the medal with name, event, time and position. A great way of recording your achievement. They also have some great medal display boards that can be personalised.



Medal Engraving

Preserve the memory of your success today!

Remember your achievement

The Date : Your name : Your event : Your time : Your position

All machine engraved on your medal in minutes

Now in

The entrance

£2.50 per medal or trophy plate

Phone Phil on 07896 750527 to book this facility for your sporting event

HOLYWELL ASC - SUMMER MEET
Saturday 29th June 2019
Programme of Events

Age as on day of swim

Entry Fee £5 per event

All races

Girls/Boys: 9, 10, 11, 12, 13, 14, 15/O HDW. All swum as combined age groups.
However, they may be split into Age groups depending on entry numbers

NB Start times subject to change dependent on numbers of entries

Session: 1 Warm Up 8.00 am Starts at 9.00 am

- 1 Boys 9 & Over 100 Backstroke
- 2 Girls 9 & Over 100 Backstroke
- 3 Boys 9 & Over 50 Butterfly
- 4 Girls 9 & Over 50 Butterfly
- 5 Boys 9 & Over 100 Freestyle
- 6 Girls 9 & Over 100 Freestyle
- 7 Boys 9 & Over 50 Breaststroke
- 8 Girls 9 & Over 50 Breaststroke
- 9 Boys 9 & Over 100 IM

Session: 2 Warm Up 1.00 pm Starts at 2.00 pm

- 10 Girls 9 & Over 100 Breaststroke
- 11 Boys 9 & Over 100 Breaststroke
- 12 Girls 9 & Over 50 Freestyle
- 13 Boys 9 & Over 50 Freestyle
- 14 Girls 9 & Over 100 Butterfly
- 15 Boys 9 & Over 100 Butterfly
- 16 Girls 9 & Over 50 Backstroke
- 17 Boys 9 & Over 50 Backstroke
- 18 Girls 9 & Over 100 IM

Holywell Amateur Swimming Club

SUMMER SPRINT MEET – Saturday 29th June 2019

This form is for your club use only. We do not need/want paper copies

We will **only** accept Electronic Entries using Hy Tek Team Manager. Entry set up file and help sheet is available from

events@holywellswimmingclub.co.uk or can be downloaded from www.holywellswimmingclub.co.uk or the Swim Wales website from the Events

All communication will be done electronically.

All times **must** be converted to 25m pool.

Age as 29th June 2019

**CLOSING DATE FOR ENTRIES to HASC
1st June 2019**

ENTRY FEE £5.00 per Event

All fees should be paid directly into the HASC Bank Account. PLEASE NOTE CHANGE OF BANK DETAILS.
BACS: Sort Code: 40-24-27. A/C no: 61367242
Please use Club Name/Sprint in reference

NAME		Distance	Free	Back	Breast	Fly	IM
DOB		50m					
Reg. No		100m					
Age Group							