



CLWB NOFIO
BANGOR
SWIM CLUB

DIDDY GALA

(License No. 3WL191165)

Level 3 Event

Under FINA Technical Rules & Swim Wales Laws

Sunday 07th April 2019

Venue: Llandudno Swim Centre/Canolfan Nofio Llandudno
Mostyn Broadway
Llandudno
CONWY
LL30 1YR

Welcome/Croeso

We would like to extend an invitation to your club to enter our Diddy Gala at **Llandudno** Swimming Pool which this year is on **Sunday 07th April 2019**

There are **2 sessions**. All events will be Heat Declared Winner.

Age is as of 31st December 2019. The Age Groups are 9,10,11,12 and 13 years old, boys and girls.

Enclosed with this letter is a copy of the programme of events, meet information and an entry form. Please feel free to photocopy further forms if needed but please enter boys and girls on separate forms.

We will be using the Hy-Tek system for this gala which allows us to accept electronic entries direct from clubs. Please send your entries to: ***clubnofiobangorgala@gmail.com***

We will not be using cards for this gala but withdrawal slips will be available on the day.

This gala proves to be very popular and we have had to refuse many swimmers in previous years even though their entries were received before the closing date. Our intention is to make available as many entries as possible whilst being able to complete the meet in the time specified and with the permitted number of swimmers on poolside.

If you need any more information on the event you can contact me on the above email.

The Club hopes that the gala will continue to be a friendly, competitive and successful Meet.

We look forward to seeing you on the day.

Closing date for entries: Friday 1st March 2019.

Where necessary please return any paper entry forms to:

Maggie Hatton-Ellis,

1 Hafod Ruffydd,

Rhosgadfan,

Caernarfon

Gwynedd. LL55 7LF

DIDDY GALA

(Under FINA Technical Rules & Swim Wales Laws)

Sunday 07th April 2019

Venue – Llandudno Swimming Pool

Age Groups: 9 years, 10 years, 11 years, 12 years, 13 years

Information

- ◇ Length of pool: 25 metres, 8 lanes with anti-turbulence ropes and good spectator viewing.
- ◇ Electronic timing will be used with manual timing in event of breakdown.
- ◇ Age on 31st December 2019
- ◇ Entry Fee is **£5.00** per event. Bacs payment is preferable to **Clwb Nofio Bangor, account no 71887483, sort code 40-09-03.**
- ◇ Closing date for entries is **01st March 2019**. This meet is run on a first received first entered basis. Clwb Nofio Bangor reserve the right to bring the closing date forward if the total amount of swimmers allowed on poolside is reached.
- ◇ Medals to top 6 swimmers in each event. Top Boy and Top Girl Award to be awarded in each age group. All events are heat declared winner (HDW).
- ◇ Entries will be restricted in over-subscribed events and the organisers reserve the right to alter any part of the programme.
- ◇ Each spectator entry fee £3 per session. All day passes are also available for £5, (OAPs £4) There are two sessions in total. A programme will be available at £1.
- ◇ **Coaches passes available at £10** to include programmes and result sheets. Poolside access will be restricted to competitors, officials and coaches with passes.
- ◇ Times and positions on the scoreboard are for information only – they are not necessarily the official result.
- ◇ The organisers will not accept responsibility for any loss of belongings. Please use lockers provided.
- ◇ We kindly request that **2 officials per club per session** are volunteered to help poolside with the running of the day. Unfortunately, we may have to refuse entry to clubs who are unable to provide these officials.

HEALTH & SAFETY

1. The health, safety and wellbeing of all swimmers, officials, volunteers, spectators and visitors is paramount – all Health and Safety rules / regulations/ requirements must be complied with at all times.
2. A full risk assessment must be carried out in accordance with the Swim Wales Meet License Report Pack. A copy of the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility being hired for a meet must be obtained in advance and must be available throughout the duration of meet.
3. All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.
4. Swimmers must have attained the standard of the Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach). Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.
5. Unacceptable Behavior will not be tolerated. Behaviour becomes “unacceptable” when it is considered “Offensive” to others; this includes, but is not limited to, the following:
 - Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.
6. Jewellery: For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands). Clwb Nofio Bangor will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.
7. Video and Photography: It is required that any person(s) wishing to engage in any video, zoom or close range photography must register their details with the door stewards at the entrance control **BEFORE** carrying out any such photography – this includes all cameras, video cameras, mobile phone cameras, and PDA’s that are camera enabled. Proof of identity shall be required to register e.g. driving license. “Approved for photography” ID tags will be issued to all duly registered individuals, these will be available from the door stewards at the time of registration.

Any conditions not covered in this information pack will be at the discretion of the promoters.

DIDDY GALA

(Under FINA Technical Rules & Swim Wales Laws)

Sunday 07th April 2019

Venue – Llandudno Swimming Pool

Age Groups: 9 years, 10 years, 11 years, 12 years, 13 years (Age on 31st December 2019)

Programme of Events (All events H.D.W.)

Session 1: **Warm-up – 8.15am** **Start – 9.15am**
(times will be confirmed following receipt of entries)

Events:	1	Girls	50m Freestyle	Age 11, 12, 13
	2	Boys	50m Butterfly	Age 11, 12, 13
	3	Girls	50m Backstroke	Age 9,10
	4	Boys	50m Breaststroke	Age 9, 10
	5	Girls	100m Individual Medley	Age 11, 12, 13
	6	Boys	50m Backstroke	Age 11, 12, 13
	7	Girls	50m Breaststroke	Age 9, 10
	8	Boys	50m Butterfly	Age 9, 10
	9	Girls	50m Backstroke	Age 11, 12, 13
	10	Boys	100m Individual Medley	Age 11, 12, 13

Session 2: **Warm-up – 12:45pm** **Start – 13.30pm**
(times will be confirmed following receipt of entries)

	11	Girls	100m Individual Medley	Age 9, 10
	12	Boys	50m Freestyle	Age 9, 10
	13	Girls	50m Butterfly	Age 11, 12, 13
	14	Boys	50m Breaststroke	Age 11, 12, 13
	15	Girls	50m Freestyle	Age 9, 10
	16	Boys	100m Individual Medley	Age 9, 10
	17	Girls	50m Breaststroke	Age 11, 12, 13
	18	Boys	50m Freestyle	Age 11, 12, 13
	19	Girls	50m Butterfly	Age 9, 10
	20	Boys	50m Backstroke	Age 9, 10

Upper Limit Qualifying Times

Merched / Girls

Age	50m Free	50m Back	50m Breast	50m Fly	100m IM
9	41.1	47.3	54.2	46.5	1:45.3
10	38.5	43.8	50.0	42.4	1:35.1
11	36.5	41.4	46.7	40.1	1:31.3
12	34.7	39.3	44.0	37.9	1:26.4
13	33.3	37.3	42.1	36.4	1:22.6

Bechgyn / Boys

Age	50m Free	50m Back	50m Breast	50m Fly	100m IM
9	40.7	46.9	53.2	45.9	1:43.8
10	38.0	43.6	49.6	42.4	1:36.2
11	35.9	41.2	46.5	39.6	1:30.9
12	33.9	39.0	43.7	37.5	1:26.0
13	32.1	36.5	40.7	35.3	1:20.7

Clwb Nofio Bangor Swim Club

DIDDY GALA – 07th April 2019

MULTIPLE ENTRY FORM FOR BOYS/GIRLS

Age as of 31st December 2019: Entry Fee £5.00 per event: Closing date for entries 1st March 2019

Please return entry forms to (Hy-Tek preferred):

Maggie Hatton-Ellis

clubnofiobangorgala.com

Or 1 Hafod Ruffydd, Rhosgadfan, Caernarfon, Gwynedd, LL54 7LF

MALE/FEMALE

Please delete as necessary

Photocopies of this form are acceptable but please use separate forms for Boys and Girls.

Enter swimmer's name, full date of birth, reg. number and current time in the appropriate columns.

Name	D.O.B.	Reg.No.	Age	50m Free	50m Back	50m Breast	50m Fly	100m I.M.

Name of Club.....

Signature of Club Officer.....

Name & Address for Correspondence.....

Print Name.....

Tel.....Email.....

No. of Entries.....

Total Entry Fees Enclosed.....

Clwb Nofio Bangor Swim Club

DIDDY GALA – 07th April 2019

Qualified officials within your club who are coming to the gala will be provided with refreshments, we request two officials per club per session, please.

It will help us greatly all officials could complete the slip below and return it with their club entries.

Looking forward to seeing you on the day.

✂.....

Club			
Name of official	Grade	Session 1	Session 2

Please tick the appropriate box(es)